

Referral Resources

✧ Legal Aid

800-444-0514

www.lsmo.org

Provides legal aid to family households with annual incomes at or below 125% of the federal poverty guidelines. Provide legal assistance to help protect their livelihoods, health and families.

✧ Missouri Assoc. for Community Action 573-634-2969

www.communityaction.org

Provides direct services to low-income Missourians with energy and housing, food, education job training, family and economic security, health services, advocacy

✧ Missouri Commission on Human Rights 573-751-3325

<https://labor.mo.gov/mohumanrights>

Helps to prevent and eliminate discrimination and to provide fair and timely resolutions of discrimination claims in housing, employment and places of public accommodations based on race, color, religion, national origin, ancestry, sex, disability, age(in employment only) and familial status (housing only)

✧ Missouri Department of Social Services

www.dss.mo.gov

✧ Missouri Division of Labor Standards 573-751-3403

<https://labor.mo.gov/DLS>

Establishes minimum wage, overtime pay, recording keeping

✧ Missouri Food Pantry

800-474-1020

www.foodpantries.org

Provides hunger relief

✧ Social Security

800-772-1213

www.ssa.gov

✧ Unemployment Insurance

800-320-2519

www.ui.labor.mo.gov

✧ USDA

www.usda.gov

✧ UMOs

866-789-4870

www.umos.org

Nonprofit organization serving the migrant and seasonal farmworker population. Services are delivered through workforce development, child development and social services.

✧ DOL Wage and Hour

866-487-9243

www.dol.gov/whd/

Administers the wage, hour, and child laboring provisions of the Fair Labor Standards Act and programs covering government contracts, farm labor, family and medical leave and immigration